

Spa & Vital Offers

HYDRO THERAPY	€uro
Ozone thermal water bath Stimulates the circulation and relaxes muscles.	16,00
Thermal water bath with essential oils Contains essential oils, relieves muscle and articular pain	18,00
Bath with flower essences Activating hydro massage with an air-water massage programme. Dispels any muscle tension or fatigue.	18,00
Hydro massage bath with underwater massage Activating hydro massage and underwater massage together with pressure jets. Dispels body rigidity.	25,00
Water jets Highly activating and toning water jet treatment. Relaxes muscles and stimulates circulation.	22,00
APPLICATIONS AND WRAPS	
Spa mud application The mud has an anti-inflammatory effect and is used for rheumatism, osteoporosis, arthrosis, arthritis, neuralgias, diseases of internal organs and female pain.. A gentle treatment for muscle tension and articular pain it is also deeply relaxing.	22,00
Spa mud application for hands and feet	22,00
Seaweed Wrap Seaweed is rich in mineral content, trace elements and iodine. It purifies, mineralises and hydrates.	30,00
Cleopatra treatment with oil, milk and honey An oil, milk and honey-soaked wrap to treat and pamper your skin.	30,00
PEELING	
Mud Peeling Purifying and mineralising peeling	25,00
Osmo Slimming Peeling	25,00
Peeling with extra virgin olive oil	25,00
Peeling with sea salts	25,00
MASSAGES	
A range of massage techniques designed specifically for relaxation, mobility, excellent circulation, tissue firming and re-modelling.	
Classic Massage (15 minutes) Stimulates the circulation, tones and relaxes muscles, leaves tendons and ligaments flexible and supple.	16,00
Classic Massage (30 minutes) Stimulates the circulation, tones and relaxes muscles, leaves tendons and ligaments flexible and supple..	28,00
Draining Massage with rosemary oil Counters water retention and purifies the connective tissues.	48,00
Lymph drainage Massages the lymphatic vessels, eliminates accumulated toxins and strengthens the immune system.	33,00
Massage with aromatic oils and essences Relaxing massage with essences and oils of your choice. Etheric oils relax the neurovegetative system and strengthen the immune system.	48,00
Sport Massage Dispels muscle tension and stiff joints after sports activities or physical effort.	48,00
Oil and Hot Lava Stones Massage The hot lava stones dispel stiffness and stimulate energy flows.	48,00



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Lymph Draining Facial Relaxing and rhythmic massage, especially advised for delicate skin and bags under the eyes.	30,00
Face and neck massage Relaxing massage for contracted scalp and face muscles.	30,00
Foot massage Foot massage with curative and essential oils.	30,00
ENERGISING TREATMENTS Based on oriental holistic philosophies. The deep reflex zone massage re-harmonises body and soul.	
Plantar Reflexology Massage Massage of the reflex zones on the soles of the feet activates the body's self-healing properties in the case of disturbed organs.	29,00
Acupressure Based on traditional Chinese medicine (TCM), exerts pressure on different points along the meridians, activates self-healing properties and alleviates disorders.	45,00
Shiatsu Japanese method which uses fingers, the palms of the hand and elbows to exert pressure on the meridians. Relaxes and dispels tensions due to stress, psychological fatigue and lack of movement. Performed on a futon (a cotton mattress) placed on the floor.	45,00
COSMETIC FACIALS	
'Bellevue' Beauty Treatment Cleansing, massage and customised beauty mask	32,00
Men's facial Facials specifically created for demanding men.	32,00
Lifting Beauty Treatment Pure collagen is the active ingredient used in this treatment for a lifting effect. Deep skin tissue regeneration and firming, also advised as a treatment for the eye area.	38,00
Linfodigit Lift A natural lifting treatment with a draining and muscle training effect due to the Linfodigit machine (30 min.)	60,00
Vital Anti-age Bellevue treatment Swollen eyes, bags and wrinkles around the delicate eye area are reduced through this specifically designed eye treatment.	55,00
BODY TREATMENTS	
Bellevue Body Treatment Slimming treatment with seaweed, salt enzymes and essential oils.	50,00
Physical-Circulation Wrap Treatment Firming treatment with cold wraps. Activates and decongests circulation.	26,00
Push-up Breast Treatment Active ingredients aimed specifically at firming and toning the breasts.	20,00



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